Swindon Trauma Group

A member of the Armed Services a medic is in a hostage situation in a foreign land in the 1980’s. What the person witness is extreme bravery and competency from strangers protecting the person. The person is released from the hostage situation. Yet on the flight home becomes so very ill thinks he is going to die. Arrives back in blighty and receives an excellent psychological and physical debrief. The result is no signs of Post Traumatic Stress (PTS) or Post Traumatic Stress Disorder. What is still amazing is that this happened nearly 30 years ago. Yet a couple of years later thousands of people return from a war where their stories are not believed with the resulting physical and psychological trauma.

The Swindon Trauma Group has been going a number of years now with a lot of support locally and nationally. Symptoms of Post Trauma Stress (PTS) can develop when a person is subjected to an event considered outside the realms of human experience. If the symptoms’ persist for longer than say four weeks the person may well develop Post Traumatic Stress Disorder (PTSD)

Over the next few months STG are doing workshops on PTS/PTSD, Gulf War Syndrome and hopefully if can get funding from the council The STG Annual Conference and Evening “do” to commemorate the closure of the Psychiatric Centre and Princess Alexandra’s (RAF) Hospital Wroughton near Swindon Wiltshire. We also have our Annual Draw at Swindon Basepoint and “bag packing” at Asda West Swindon

Friday 5 June 2015 Gulf War Syndrome workshop and meeting Venue Lydiard Park Conference Centre Timings 1245-1700 hrs. Refreshments will be available on arrival with tea, coffee and scones with jam and cream mid afternoon. Cost £12-50 per person.
On the 8 May 2007 The New Scientist magazine stated the Government of the time should acknowledge that 6,000 British veterans of the 1990-1991 Gulf War were physically disabled due to their wartime service. This was based on independent research carried out in the UK by a committee headed by Lord Lloyd of Manchester-plus research carried out by the Advisory Committee of the US Department of Veterans Affairs. Also in 2005 two soldiers and a RAF medic successfully won their war pensions tribunal to recognise Gulf War Syndrome with the excellent support of Maria Rusling of the National Gulf Veterans and Family Association.

The workshop will be looking at the causes of the debilitating condition and what treatment and support is available.

Friday 24 July 2015 Workshop and meeting on Post Traumatic Stress Venue Lydiard Park Conference Centre Timings 1245-1700 hrs. Refreshments will be available on arrival with tea, coffee and scones with jam, and cream mid afternoon. Cost £12-50 per person.

As far back as March 1994 the Nursing Times did three excellent articles on PTSD with the emphasis for support for nursing staff post trauma and allowing people involved in a disaster permission to mourn and not be under pressure to get over it.

The workshop will be looking at what treatment and support is available for the Invisible Injuries PTS/PTSD.

Friday 2 October 2015 Swindon Trauma Group Annual Conference with evening “do”. Venue will be the Swindon Marriott Hotel Timings 0945-1700 hrs with the evening function from 2000 to 2400 hrs. Refreshment and a buffet lunch will be provided. Cost per person £50-00. The evening function will be £50-00 with a 15% discount for ex staff and patients of the hospital and also supporters of STG. Costs will include entertainment and three course meal with tea or coffee with after dinner mints. Cost per person attending each function £90-
00 with the discount still applicable for ex Wroughton staff and patients and supporters of group attending both functions.

Speakers and entertainment booked include Professor Gordon Turnbull and Isla st Clair of Generation Game fame who is a fabulous singer. The day will commemorate the closure of Wroughton hospital treatment of PTS/PTSD then and now some twenty years later. The evening will be an opportunity to relax and STG encourage managers to give themselves or their staff opportunity to attend a Conference I’m sure will be as good as last year with the evening function giving people the chance of “time out” after say a stressful day at work.

As has been the case on previous conferences after expenses paid this year’s charity nominated for a donation is Swindon Therapy Centre for Multiple Sclerosis

Tuesday 6 October 2015 Stakeholder Event-Surrey Heath Veterans and Family Listening Project Lakeside Country Club Frimley Green Camberley Surrey Timings 0900 to 1630 hrs Free entry Please contact surreyheath.veterans@yahoo.com Website www.shvflp.org.uk STG members have been invited to Camberley for the day. We will have our stand and look forward to an interesting and worthwhile day.

Friday 11 December 2015 Swindon Trauma Group Christmas Dinner at Lydiard Park Conference Centre-further details to follow.

Members of STG hope people support the above events in the very comfortable settings of Swindon Basepoint and the Marriott- with the workshops in the fabulous settings of Lydiard Park with attendees having the opportunity of visiting the famed Walled Garden at Lydiard House free of charge.

For further details including programmes and booking forms for each event held in Swindon please contact STG on www.SwindonTraumaGroup.org.uk Telephone number-(07505)476139